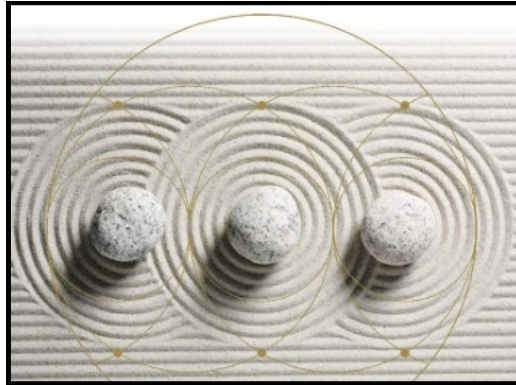


Soji's Summer Sesshin

June 20 — June 25, 2019

St. Raphaela Center



Each day, in this one very existence that we have, we move through different states of being and states of mind. The Six Realms of Existence can be a valuable practice tool as we bring greater awareness to our own experiences and patterns of behavior. Even during sesshin, we may notice that we move in and out of these different states and relationships to our own existence. Our study text for the Summer Sesshin will be Chapter 4, "The Six Realms" from Shuzen Sensei's book *Zen beyond Mindfulness*, is available on [Amazon](#).

Many say that receiving teachings in an environment of retreat can bring about a profound transformation in our being and open the possibility of looking at ourselves, our lives and the world around us with a fresh perspective. May it be so for you!

The retreat will begin on **Thursday, June 20, 2019 at 4:00 pm** at St. Raphaela Center and end on **Tuesday, June 25, 2019 at 1:00 pm**.

Full Retreat: Members: \$650 and Non-Members: \$750. (Members include: ZCB/Clare Sangha, Flowing River Sangha and Red Rose Sangha.)

Commuter Rates: Daily rates are available on the Registration Form.

Single Rooms Available: \$150.

Early Bird Discount: A \$55 discount will be offered to Members attending the full retreat and pay in full by May 26, 2019 (\$595.00).

Registration Required for ALL Attendees. To register download a registration form and either mail it or drop it off with your payment. (See address below,) Registrations will not be accepted without the form and deposit. Final payments are due by June 9, 2019.

