

FIRST MONDAY NIGHT AT SOJI DISCUSSION GROUP



Sex, sexuality, gender, and gender identity are divisive and hot button topics in America today. Many people who don't fall squarely in the center of the cisgendered heterosexual identity are marginalized and even endangered.

Soji Zen Center will be hosting a discussion group the first Monday of each month to share feelings and frustrations, ask questions about sex and gender in a safe space, and be supported. Ways in which Zen can help with that support will be offered, but no previous experience with Buddhism or meditation is necessary.

- **When:** 6:30-7:30pm, followed by one period of meditation (optional), the first Monday of each month (next April 6, 2020).
- **Where:** Soji Zen Center, 2325 W. Marshall Rd., Lansdowne, PA 19050 (parking is available for free on the cross streets of Owen and Windermere Avenues, and people are also welcome to park in the Essa Bank parking lot).

Discussions will be led by Annalisa Castaldo, director of Gender Women and Sexuality studies at Widener University and a graduate of Widener's Human Sexuality program. If you have any questions, please email her directly at alcastaldo66@gmail.com

Light refreshments will be served.